



SPRING
2021



PEGASUS
BOOKS

Ilaria Bernardini

The Portrait

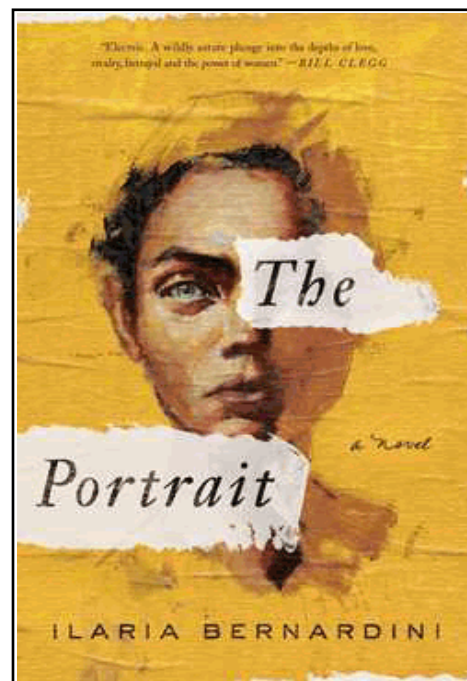
A Novel

“Electric. A wildly astute plunge into the depths of love, rivalry, betrayal and the power of women.”—Bill Clegg

An internationally renowned writer, Valeria Costas has dedicated her life to her work and to her secret lover, Martin Acla, a prominent businessman. When his sudden stroke makes headlines, her world implodes; the idea of losing him is terrifying. Desperate to find a way to be present during her lover's final days, Valeria commissions his artist wife, Isla, to paint her portrait—insinuating herself into Martin's family home and life.

In the grand, chaotic London mansion where the man they share—husband, father, lover—lies in a coma, Valeria and Isla remain poised on the brink, transfixed by one another. Day after day, the two women talk to each other during the sittings, revealing truths, fragilities and strengths. But does Isla know of the writer's long involvement with Martin? Does Valeria grasp the secrets that Isla harbors? Amidst their own private turmoil, the stories of their lives are exchanged, and as the portrait takes shape, we watch these complex and extraordinary women struggle while the love of their lives departs, in an unforgettable, breathless tale of deception and mystery that captivates until the very end.

Ilaria Bernardini is a prolific talent in Italy, where she has published eight novels, including *Faremo Foresta* (“We Will Grow a Forest”) which was longlisted for Italy's prestigious Strega Prize. *The Portrait* too has been longlisted for the Strega Prize: it was nominated by Academy Award winning director Paolo Sorrentino (“The great beauty”) She is a *Vogue Italia* columnist and regular contributor for *Rolling Stone*. Ilaria also co-wrote the late renowned director Bernardo Bertolucci's last film, *The Echo Chamber*. She splits her time between London and Milan.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136189

Fiction

First Print: 20,000

6 x 9, 432 pages

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OTHER FORMATS

eBook: 9781643136196, \$16.99

Clive Irving

The Last Queen

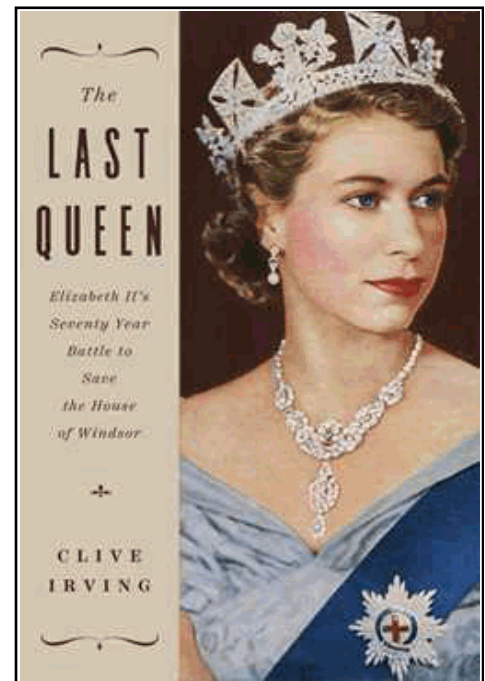
Elizabeth II's Seventy Year Battle to Save the House of Windsor

A timely and revelatory new biography of Queen Elizabeth (and her family) exploring how the Windsors have evolved and thrived, as the modern world has changed around them.

Clive Irving's stunning new narrative biography *The Last Queen* probes the question of the British monarchy's longevity. In 2021, the Queen Elizabeth II finally appears to be at ease in the modern world, helped by the new generation of Windsors. But through Irving's unique insight there emerges a more fragile institution, whose extraordinarily dutiful matriarch has managed to persevere with dignity, yet in doing so made a Faustian pact with the media.

The Last Queen is not a conventional biography—and the book is therefore not limited by the traditions of that genre. Instead, it follows Elizabeth and her family's struggle to survive in the face of unprecedented changes in our attitudes towards the royal family, with the critical eye of an investigative reporter who is present and involved on a highly personal level.

Clive Irving has had a long career in journalism on both sides of the Atlantic. He has been managing editor of the *Sunday Times* in London, he was director of current affairs programming for London Weekend Television; and a consulting editor for *Newsday* in New York. He was the founding editor of *Conde Nast Traveler*, where he is still Editor Emeritus, and is a regular columnist for the *Daily Beast*. Most recently, he was a key contributor to the acclaimed two-part BBC documentary, *Margaret: The Rebel Princess*, which was broadcast on PBS in America. Irving lives in England.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136141

Biography & Autobiography

First Print: 10,000

6 x 9, 352 pages

Carton quantity: 12

\$27.95 (US) / \$36.95 (CAN)

OTHER FORMATS

eBook: 9781643136158, \$18.99

Jim Bradbury

The Battle of Hastings

The Fall of the Anglo-Saxons and the Rise of the Normans

A rousing historical narrative of the best-known and arguably most significant battle in English history.

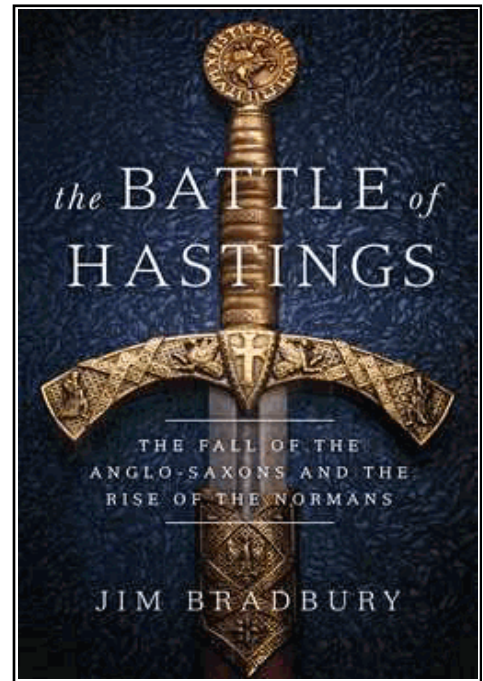
The effects of the Battle of Hastings were deeply felt at the time, causing a lasting shift in British cultural identity and national pride. Jim Bradbury explores the full military background of the battle and investigates both what actually happened on that fateful day in 1066 and the role that the battle plays in the British national myth.

The Battle of Hastings starts by looking at the Normans—who they were, where they came from—and the career of William the Conqueror before 1066. Next, the narrative turns to the Saxons in England, and to Harold Godwinson, successor to Edward the Confessor, and his attempts to create unity in the divided kingdom. This provides the background to an examination of the military development of the two sides up to 1066, detailing differences in tactics, arms, and armor. The core of the book is a move-by-move reconstruction of the battle itself, including the advance planning, the site, the composition of the two armies, and the use of archers, feigned retreats, and the death of Harold Godwinson.

In looking at the consequences of the battle, Jim Bradbury deals with the conquest of England and the ongoing resistance to the Normans. The effects of the conquest are also seen in the creation of castles and developments in feudalism, and in links with Normandy that revealed themselves particularly in church appointments. This is the first time a military historian has attempted to make accessible to the general reader all that is known about the Battle of Hastings and to present as detailed a reconstruction as is possible.

Furthermore, the author places the battle in the military context of eleventh-century Europe, painting a vivid picture of the combatants themselves—soldiery, cavalry, and their horses—as they struggled for victory. This is a book that any reader interested in England's history will find indispensable.

Jim Bradbury taught history at West London Institute of Higher Education before devoting himself full-time to writing. He has published widely on medieval military history for academic presses in Britain; this is his first book to be published in America. Jim lives in England.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136325

History

First Print: 9,000

6 x 9, 352 pages

Carton quantity: 12

\$27.95 (US) / \$36.95 (CAN)

OTHER FORMATS

eBook: 9781643136332, \$18.99

Stacie Murphy

A Deadly Fortune

A Novel

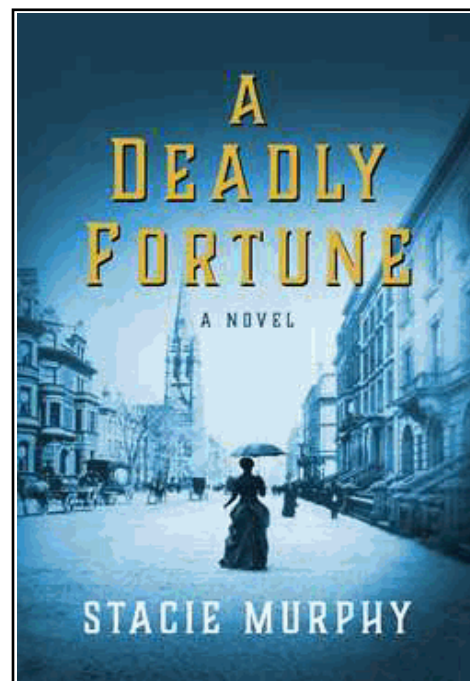
A historical mystery in the vein of *The Alienist*, in which a young woman in Gilded Age New York must use a special talent to unravel a deadly conspiracy.

Amelia Matthew has done the all-but-impossible, especially for an orphan in Gilded Age New York City. Along with her foster brother Jonas, she has parleyed her modest psychic talent into a safe and comfortable life. But safety and comfort vanish when a head injury leaves Amelia with a dramatically-expanded gift. After she publicly channels an angry spirit, she finds herself imprisoned in the notorious insane asylum on Blackwell's Island. As Jonas searches for a way to free her, Amelia struggles to control her disturbing new abilities and survive a place where cruelty and despair threaten her sanity.

Andrew Cavanaugh is familiar with despair. In the wake of a devastating loss, he abandons a promising medical career—and his place in Philadelphia society—to devote himself to the study and treatment of mental disease. Miss Amelia Matthew is just another patient—until she channels a spirit in front of him and proves her gift is real.

When a distraught mother comes to Andrew searching for her missing daughter—a daughter she believes is being hidden at the asylum—he turns to Amelia. Together, they uncover evidence of a deadly conspiracy, and then it's no longer just Amelia's sanity and freedom at stake. Amelia must master her gift and use it to catch a killer—or risk becoming the next victim.

Stacie Murphy grew up near Nashville, TN. She began writing *A Deadly Fortune* in 2017 as a way to force herself to stay off Twitter in the evenings. She lives in Northern Virginia with her husband, daughter, and the worst cat in the world.



HARDCOVER

On Sale: 01/05/21

Pegasus Crime

9781643136301

Fiction

First Print: 5,000

6 x 9, 368 pages

Carton quantity: 12

\$25.95 (US) / \$34.95 (CAN)

OTHER FORMATS

eBook: 9781643136318, \$16.99

Elisabeth Gifford

The Good Doctor of Warsaw

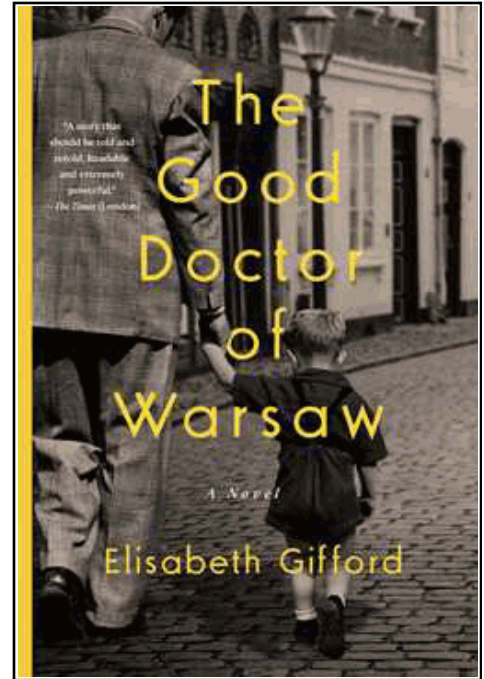
Set in the ghettos of wartime Warsaw, this is a sweeping, poignant, and heartbreaking novel inspired by the true story of one doctor who was determined to protect two hundred Jewish orphans from extermination.

Deeply in love and about to marry, students Misha and Sophia flee a Warsaw under Nazi occupation for a chance at freedom. Forced to return to the Warsaw ghetto, they help Misha's mentor, Dr Janusz Korczak, care for the two hundred children in his orphanage. As Korczak struggles to uphold the rights of even the smallest child in the face of unimaginable conditions, he becomes a beacon of hope for the thousands who live behind the walls.

As the noose tightens around the ghetto, Misha and Sophia are torn from one another, forcing them to face their worst fears alone. They can only hope to find each other again one day . . .

Meanwhile, refusing to leave the children unprotected, Korczak must confront a terrible darkness.

Elisabeth Gifford grew up in a parsonage. She writes for The London Times and the Independent and has a Diploma in Creative Writing from Oxford University and a Masters in Creative Writing from Royal Holloway College. She lives in Kingston upon Thames in England.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136363

Fiction

First Print: 8,000

6 x 9, 352 pages

Carton quantity: 12

\$25.95 (US) / \$34.95 (CAN)

OTHER FORMATS

eBook: 9781643136370, \$16.99

David Leser

Women, Men, and the Whole Damn Thing

Feminism, Misogyny, and Where We Go From Here

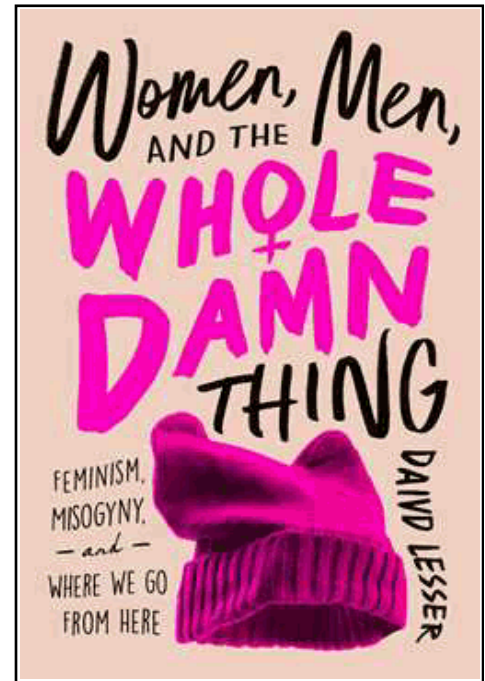
A brilliant, impassioned, unflinching account of the firestorm of #MeToo, how we got there, and where we must now go.

In *Women, Men, and the Whole Damn Thing*, author David Leser presents an essential and incisive investigation, unearthing the roots of misogyny, its inextricable links to the patriarchy, and how history brought us to the #MeToo movement and the wave of incandescent female rage that is sweeping the world. Crucially, he also interrogates his own psyche, privilege, and culpability as he bears witness to the “collective wound of the world” and asks how we can move towards healing and profound and permanent change.

This book calls on men (yes, all men) to be accountable for their contribution to the continuing oppression of women by the patriarchal structures that have dominated our culture historically and through to the present. He argues that misogyny and female oppression is the greatest moral issue of our times and we are all responsible for dismantling the structures which cause such oppression. This book is his journey into how to grapple with both the personal and collective aftermath of #MeToo and the new future.

Including interviews with Tina Brown, Tarana Burke, Marlena Schiappa, and Helen Garner, among other globally recognized names, *Women, Men, and the Whole Damn Thing* is a bold, honest, and self-searching global overview of the cultural moment of misogyny that we exist in and, perhaps, a way to move forward.

David Leser is an Australian journalist, author, public interviewer, and writing mentor. A former Middle East and North American correspondent, he has been a journalist for 40 years and become widely known in Australia for his in-depth profiles and stories on social and political issues.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136288

Social Science

First Print: 10,000

6 x 9, 336 pages

Carton quantity: 12

\$27.95 (US) / \$36.95 (CAN)

OTHER FORMATS

eBook: 9781643136295, \$18.99

Conn Iggulden

The Gates of Athens

Evoking two of the most famous battles of the Ancient World—the Battle of Marathon and the Last Stand at Thermopylae—*The Gates of Athens* is a bravura piece of storytelling by a well acclaimed master of the historical adventure novel.

In the new epic historical novel by *New York Times* bestselling author Conn Iggulden, in ancient Greece an army of slaves gathers on the plains of Marathon . . .

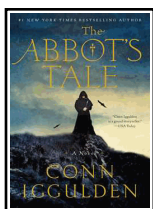
Under Darius the Great, King of Kings, the mighty Persian army—swollen by 10,000 warriors known as The Immortals—have come to subjugate the Greeks. In their path, vastly outnumbered, stands an army of freeborn Athenians. Among them is a clever, fearsome, and cunning soldier-statesman, Xanthippus. Against all odds, the Athenians emerge victorious.

Yet people soon forget that freedom is bought with blood.

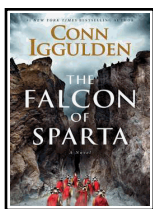
Ten years later, Xanthippus watches helplessly as Athens succumbs to the bitter politics of factionalism. Traitors and exiles abound. Trust is at a low ebb when the Persians cross the Hellespont in ever greater numbers in their second attempt to raze Athens to the ground.

Facing overwhelming forces by land and sea, the Athenians call on their Spartan allies for assistance—to delay the Persians at the treacherous pass of Thermopylae . . .

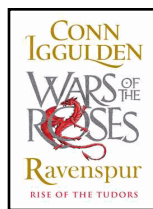
Conn Iggulden is one of the most successful authors of historical fiction writing today. Among many other bestselling novels, he is the author of *Ravenspur*, *The Abbot's Tale*, and *The Falcon of Sparta*, all available from Pegasus Books. Conn lives in London.



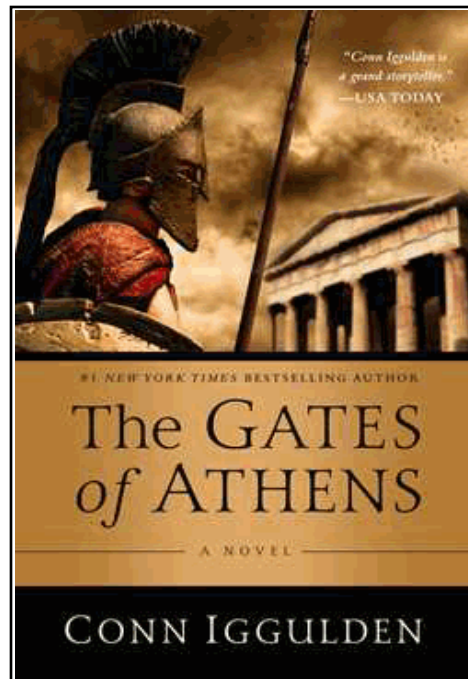
The Abbot's Tale
9781643132341
\$17.95/ Can.



The Falcon of Sparta
9781643130569
\$25.95/ Can.



Ravenspur
9781643130286
\$15.95/ Can.



HARDCOVER

On Sale: 01/05/21
Pegasus Books
9781643136660
Fiction
First Print: 9,000
6 x 9, 464 pages
Carton quantity: 12
\$25.95 (US) / (CAN)

OTHER FORMATS

eBook: 9781643136677, \$16.99

David A. Andelman

A Red Line in the Sand

Diplomacy, Strategy, and the History of Wars That Almost Happened

A longtime CNN columnist astutely combines history and global politics to help us better understanding the exploding number of military, political, and diplomatic crises around the globe.

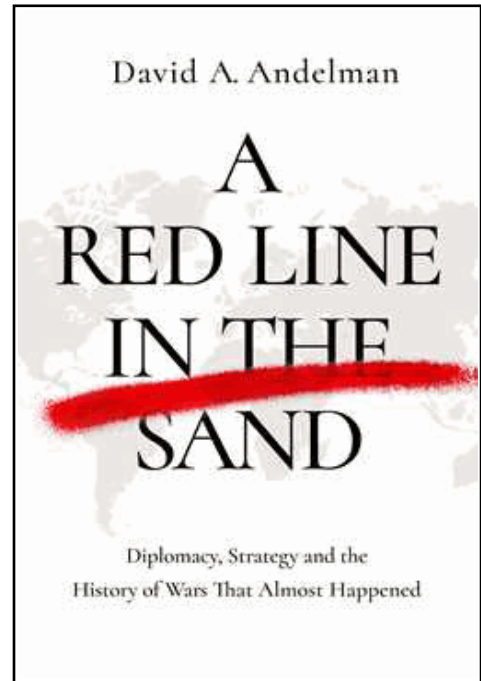
The riveting and illuminating behind-the-scenes stories of the world's most intense "red lines," from diplomatic and military challenges at particular turning points in history to the ones that set the tone of geopolitics today. Whether it was the red line in Munich that led to the start of the Second World War, to the red lines in the South China Sea, the Korean Peninsula, Syria and the Middle East.

As we traverse the globe, Andelman uses original documentary research, previously classified material, and interviews with key players, to help us understand the growth, the successes and frequent failures that have shaped our world today.

Andelman provides not just vivid historical context, but a political anatomy of these red lines. How might their failures be prevented going forward? When and how can such lines in the sand help preserve peace rather than tempt conflict?

A Red Line in the Sand is a vital examination of our present and the future—where does diplomacy end and war begin? It is an object lesson of tantamount importance to every leader, diplomat, citizen, and voter. As America establishes more red lines than it has pledged to defend, every American should understand the volatile atmosphere and the existential stakes of the red web that encompasses the globe.

David A. Andelman is a veteran *New York Times* and CBS News correspondent and a visiting scholar at the Center on National Security and director of its Red Lines Project. He columnist for CNN and a member of the board of contributors of *USA Today*. He has served as the former editor and publisher of *World Policy Journal*, the Executive Editor of *Forbes.com*, and the news editor at Bloomberg. He is the author *The Peacemakers*, *The Fourth World War*, and *A Shattered Peace: Versailles, 1919 and the Price We Pay Today*. He is a graduate of Harvard University and the Columbia University Graduate School of Journalism and a member of the Council on Foreign Relations. He lives in New York City.



HARDCOVER

On Sale: 01/05/21

Pegasus Books

9781643136486

Political Science

First Print: 25,000

6 x 9, 484 pages

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OTHER FORMATS

eBook: 9781643136493, \$19.99

Bill Lester

Winning in Reverse

Defying the Odds and Achieving Dreams—The Bill Lester Story

The amazing and dramatic story of Bill Lester, one of the most well-know NASCAR drivers in history—and a pioneer whose determination and spirit has paved the way for a new generation of racers.

NASCAR has traditionally been a southern, white man's sports, but it was knocked off its axis when Bill Lester entered the playing field. Bill did not grow up in the sport as so many other drivers had. He enjoyed racing as a side hobby while he worked as an engineer at Hewlett-Packard until, at the age of 40, and while standing on the brink of peril or promise, he quit his job to pursue racing full time.

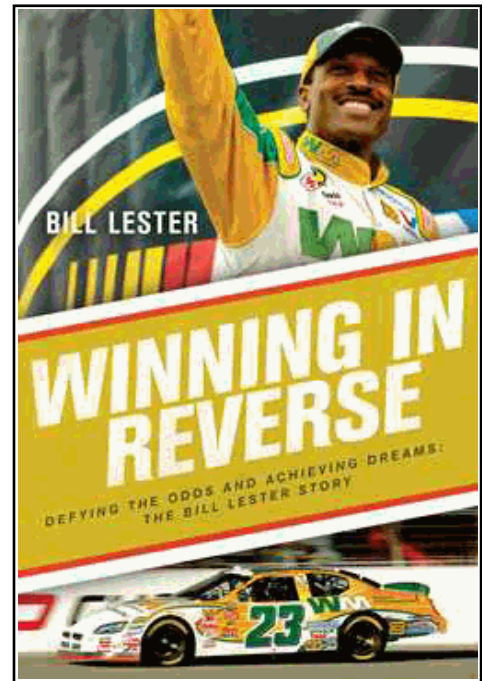
Blessed with natural talent, Bill still had a trifecta of odds against him: he was black, he was middle aged, and he wasn't a southerner. Bill was not the quintessential "good old boy" that NASCAR was used to seeing and many fans did not hide their contempt for him.

Bill Lester rose above it all, as did his rankings, and he made history time and time again, becoming the first African American to race in NASCAR's Busch Series, the first to participate in the Nextel Cup and the first to win a Pole Position start in the NASCAR Craftsman Truck Series.

In *Winning In Reverse*, Bill reveals how he came to love working on muscle cars as a child, racing in the streets as a teenager, getting married, pursuing amateur racing and then finally transitioning to the pros. Readers will be inspired by Bill's inspirational and encouraging voice and the conviction that fills each page.

Whether you are contemplating a career or lifestyle change, challenging social norms, or struggling against prejudice or bigotry, *Winning in Reverse* will be a story for sports fans and readers everywhere about the power of the perseverer in the face of adversity.

Bill Lester was born in Washington, D.C. attended University of California Berkeley. Before becoming a professional race car driver, he worked Hewlett-Packard. Lester competed in NASCAR and IMSA, two of America's most prestigious racing series and earned six podium finishes and one victory during his 10 full seasons. Bill has received various awards including "Trailblazer in Motor Sports" and the "Jackie Robinson Award" award from the Rainbow/PUSH organization and the "Sam Lacy Pioneer Award" from the National Association of Black Journalists in 2013. He was a broadcast analyst for Fox Sports South show "Around the Track" and the NBC Sports show "NASCAR America."



HARDCOVER

On Sale: 02/02/21

Pegasus Books

9781643136400

Sports & Recreation

First Print: 20,000

6 x 9, 304 pages

Carton quantity: 24

\$27.95 (US) / \$36.95 (CAN)

OTHER FORMATS

eBook: 9781643136417, \$18.99

Erika Fatland

The Border

A Journey Around Russia Through North Korea, China, Mongolia, Kazakhstan, Azerbaijan, Georgia, Ukraine, Belarus, Lithuania, Poland, Latvia, Estonia, Finland, Norway, and the Northwest Passage

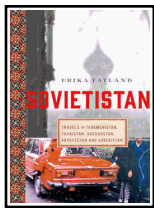
The acclaimed author of *Sovietistan* travels along the seemingly endless Russian border and reveals the deep and pervasive influence it has had across half the globe.

Imperial, communist or autocratic, Russia has been—and remains—a towering and intimidating neighbor. Whether it is North Korea in the Far East through the former Soviet republics in Asia and the Caucasus, or countries on the Caspian Ocean and the Black Sea. What would it be like to traverse the entirety of the Russian periphery to examine its effects on those closest to her?

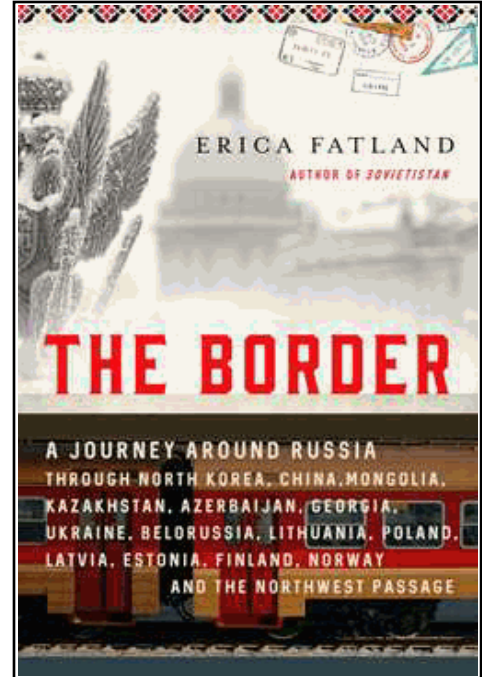
An astute and brilliant combination of lyric travel writing and modern history, *The Border* is a book about Russia without its author ever entering Russia itself. Fatland gets to the heart of what it has meant to be the neighbor of that mighty, expanding empire throughout history. As we follow Fatland on her journey, we experience the colourful, exciting, tragic and often unbelievable histories of these bordering nations along with their cultures, their people, their landscapes.

Sharply observed and wholly absorbing, *The Border* is a surprising new way to understand a broad part of our world.

Erika Fatland studied Social Anthropology at the University of Oslo and is the author of two previous books in Norwegian, as well as *Sovietistan*, also published by Pegasus Books. She speaks eight languages and lives in Oslo with her husband.



Sovietistan
9781643133263
\$28.95/ Can.



HARDCOVER

On Sale: 02/02/21

Pegasus Books

9781643136561

Travel

First Print: 10,000

6 x 9, 448 pages

Carton quantity: 12

\$28.95 (US) / \$38.95 (CAN)

OTHER FORMATS

eBook: 9781643136578, \$18.99

Tom Grass

Twist

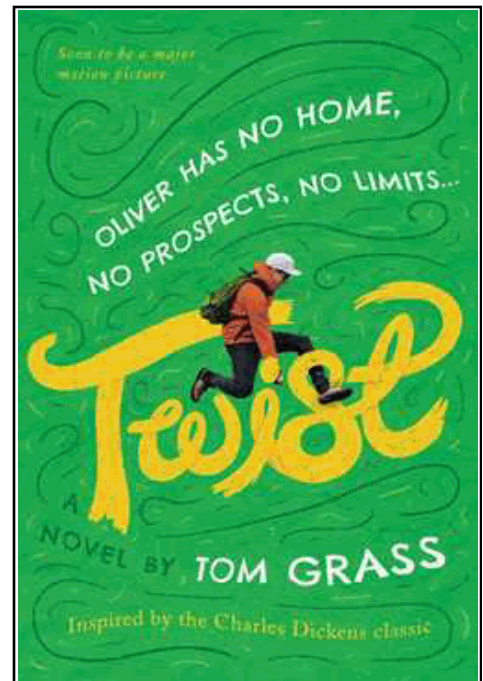
Brimming with danger, love, and betrayal, Tom Grass's electrifying heist thriller is a gripping reimagining of Charles Dickens's classic *Oliver Twist*.

Eighteen-year-old Twist doesn't have much. No money, no home and no family. All he has is his reputation as one of the most daring street artists in London—whose unique skills are matched only by his infamous talent as an urban climber.

But when he finds himself on the run from the police, he knows that he could be about to lose the last thing he has left—his freedom. Until he is saved by the mysterious Dodge. When Dodge introduces him to con artist and "art collector" Cornelius Faginescu, Twist realizes that he finally has the chance to be part of something. All he has to do is put aside his moral objections and learn how to steal . . .

Twist is soon drawn deeper into the gang and, as his feelings for grow for the intriguing and dangerous "Red," he discovers she has a secret—they are no longer playing for money. They're playing for their lives.

Tom Grass is the Creative Director of Pure Grass Films, with over fifteen years in the entertainment industry. Among others, he has worked with the BBC, Endemol, Rockstar Games, Sony and Xbox. He lives in England. Follow him on Twitter @T_Grrr



HARDCOVER

On Sale: 02/02/21

Pegasus Crime
9781643136615

Fiction

First Print: 8,000

6 x 9, 352 pages

Carton quantity: 12

\$25.95 (US) / (CAN)

OTHER FORMATS

eBook: 9781643136608, \$16.95

Jim Davies

Being the Person Your Dog Thinks You Are

The Science of a Better You

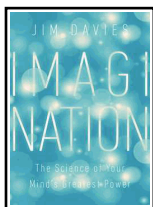
A crisp and sparkling blend of cognitive science and human behavior that offers meaningful and attainable pathways towards becoming our best selves.

Why do we feel like in order to be productive, happy, or good, we must sacrifice everything else? Is it possible to feel all three *at once*? Without even knowing it, we're doing things everyday to sabotage ourselves and our societies, habits that prevent us from optimizing long term happiness. Where most books imagine solutions that, when enacted, fail to fundamentally improve our lives, Jim Davies grounds his research in cognitive science to show you not only what works, but how much it works.

Being the Person Your Dog Thinks You Are shows us how we can use science to become our best selves, using resources we already have within our own brains.

Davies' book challenges and inspires us to approach the big picture while also staying mindful of the everyday details in real life. Davies proves why multitasking is bad for you, when a little *unmindfulness* can be good for you, how to best justify which charities to donate to, and how to hack your brain.

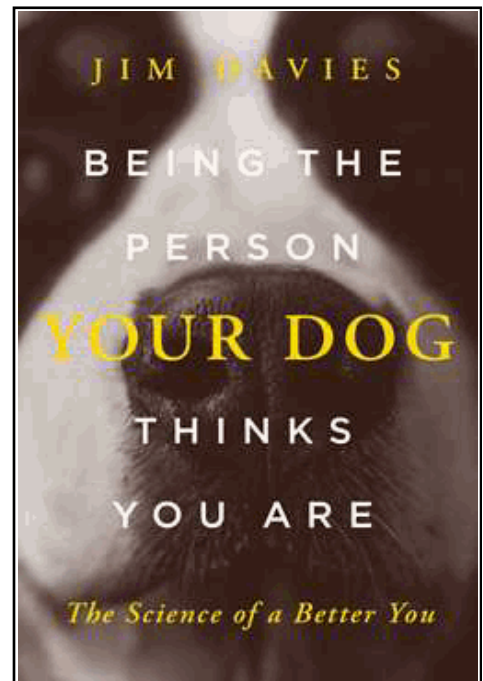
The most surprising truth Davies offers us spreads across these pages like wildfire: you too can lead an optimally good life, not through uprooting your life from the ground up, but from adapting your mentality to your given present. A better life doesn't need to look like a massive change—like our beloved dogs who already view us as our best selves, it's already much closer than you think.



Imagination

9781643132037

\$28.95/\$38.95 Can.



HARDCOVER

On Sale: 02/02/21

Pegasus Books

9781643136509

Science

First Print: 7,500

6 x 9, 336 pages

Carton quantity: 12

\$28.95 (US) / \$38.95 (CAN)

Paul Vidich

The Mercenary

A Novel

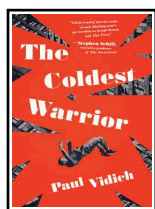
From acclaimed spy novelist Paul Vidich comes a taut new thriller following the attempted exfiltration of a KGB officer from the ever-changing—and always dangerous—USSR in the mid-1980s.

Moscow, 1985. The Soviet Union and its communist regime are in the last stages of decline, but remain opaque to the rest of the world—and still very dangerous. In this ever-shifting landscape, a senior KGB officer—code name GAMBIT—has approached the CIA Moscow Station chief with top secret military weapons intelligence and asked to be exfiltrated. GAMBIT demands that his handler be a former CIA officer, Alex Garin, a former KGB officer who defected to the American side.

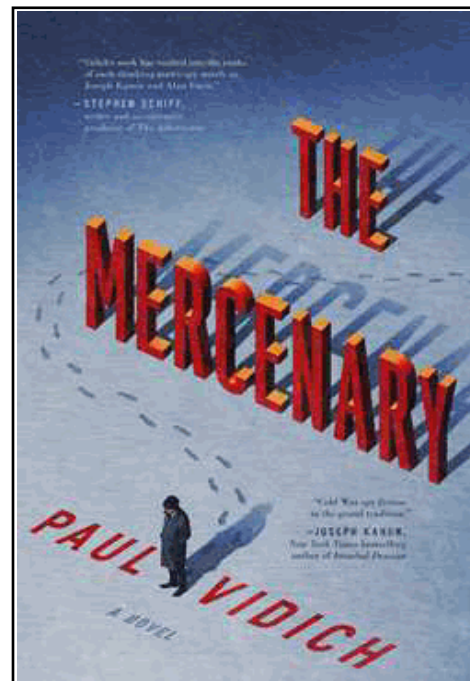
The CIA had never successfully exfiltrated a KGB officer from Moscow, and the top brass do not trust Garin. But they have no other options: GAMBIT's secrets could be the deciding factor in the Cold War.

Garin is able to gain the trust of GAMBIT, but remains an enigma. Is he a mercenary acting in self-interest or are there deeper secrets from his past that would explain where his loyalties truly lie? As the date nears for GAMBIT's exfiltration, and with the walls closing in on both of them, Garin begins a relationship with a Russian agent and sets into motion a plan that could compromise everything.

Paul Vidich is the acclaimed author of three previous novels, including *The Coldest Warrior*, also available from Pegasus Crime. His fiction and nonfiction have appeared in the *Wall Street Journal*, *LitHub*, *CrimeReads*, *Fugue*, *The Nation*, *Narrative Magazine*, *Wordriot*, and others. He lives in New York.



The Coldest Warrior
9781643133355
\$25.95/\$34.95 Can.



HARDCOVER

On Sale: 02/02/21
Pegasus Crime
9781643136202
Fiction
First Print: 7,500
6 x 9, 256 pages
Carton quantity: 12
\$25.95 (US) / \$34.95 (CAN)

OTHER FORMATS
eBook: 9781643136219, \$16.99

Robert J., M.D. Lefkowitz

A Funny Thing Happened on the Way to Stockholm

The rollicking memoir from the cardiologist turned legendary scientist and winner of the Nobel Prize that revels in the joy of science and discovery.

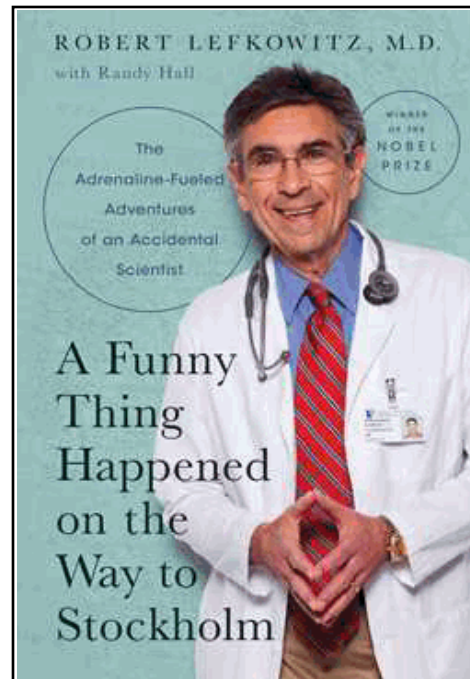
Like Richard Feynman in the field of physics, Dr. Robert Lefkowitz is also known for being a larger-than-life character: a not-immodest, often self-deprecating, always entertaining raconteur. Indeed, when he received the Nobel Prize, the press corps in Sweden covered him intensively, describing him as “the happiest Laureate.”

In addition to his time as a physician, from being a "yellow beret" in the public health corps with Dr. Anthony Fauci to his time as a cardiologist, and his extraordinary transition to chemistry, which would lead to his Nobel Prize win, Dr. Lefkowitz has ignited passion and curiosity as a fabled mentor and teacher.

But it's all in a days work, as Lefkowitz reveals in *A Funny Thing Happened on the Way to Stockholm*, which is filled to the brim with anecdotes and energy, and gives us a glimpse into the life of one of today's leading scientists.

Robert J. Lefkowitz is a Nobel-Prize-winning scientist (Chemistry, 2012) who is best known for showing how adrenaline works via stimulation of specific receptors. He was trained at Columbia, the National Institutes of Health and Harvard before joining the faculty at Duke University in 1973. In addition to being a researcher, Dr. Lefkowitz is a cardiologist as well as a cardiac patient.

Randy Hall was a post-doctoral trainee of Dr. Lefkowitz in the 1990's and is now a Professor in the Emory University School of Medicine. He has published more than 100 scientific papers and received major awards for his research. He is also a prize-winning educator with strong interests in science writing and public outreach about science and medicine.



HARDCOVER

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Samir Puri

The Shadows of Empire

How Imperial History Shapes Our World

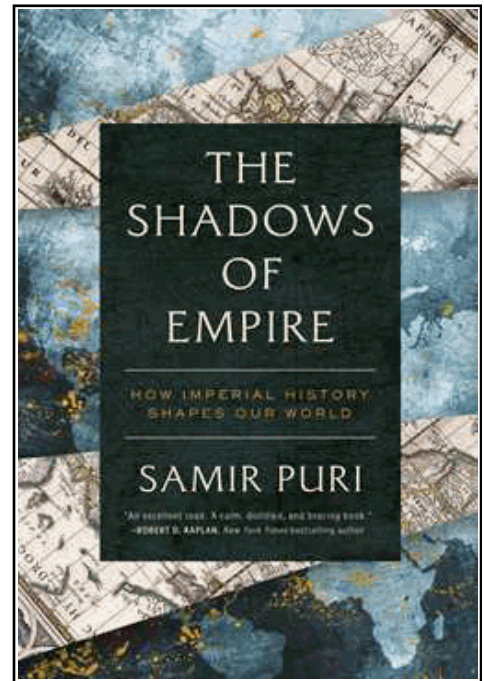
A masterful, thought-provoking, and wide-ranging study of how the vestiges of the imperial era shape society today.

In this groundbreaking narrative, *The Shadows of Empire* explains (in the vein of *The Silk Roads* and *Prisoners of Geography*) how the world's imperial legacies still shape our lives—as well as the thorniest issues we face today.

For the first time in millennia we live without formal empires. But that doesn't mean we don't feel their presence rumbling through history. From Russia's incursions in the Ukraine to Brexit; from Trump's America-First policy to China's forays into Africa; from Modi's India to the hotbed of the Middle East, Samir Puri provides a bold new framework for understanding the world's complex rivalries and politics.

Organized by region, and covering vital topics such as security, foreign policy, national politics and commerce, *The Shadows of Empire* combines gripping history and astute analysis to explain why the history of empire affects us all in profound ways; it is also a plea for greater awareness, both as individuals and as nations, of how our varied imperial pasts have contributed to why we see the world in such different ways.

British, but of both Indian and African heritage, **Samir Puri** is Adjunct Professor in the Johns Hopkins School of Advanced International Studies. He is also a Research Fellow at RAND and a Lecturer in International Relations at the War Studies Department, King's College, London. A former diplomat, he regularly appears on news shows in the US and UK and has written for a number of publications.



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OTHER FORMATS

eBook: 9781643136691, \$18.99

Asma T. Uddin

The Politics of Vulnerability

How to Heal Muslim-Christian Relations in a Post-Christian America: Today's Threat to Religion and Religious Freedom

A religious liberty lawyer and acclaimed author reveals the root of America's polarization inside the Muslim and evangelical Christian divide—and how it can be healed.

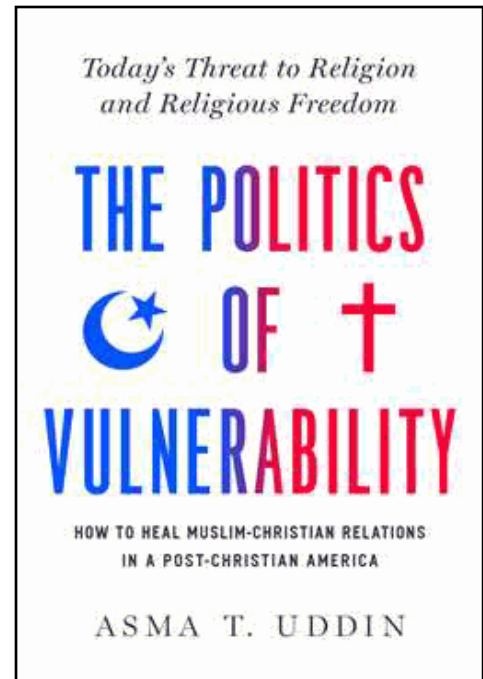
Despite the dire consequences of America's cultural, political, and religious divisiveness, from increasing incivility to discrimination and outright violence, few have been able to get to the core cause of this conflict. Even fewer have offered measures for reconciliation.

Now, in *The Politics of Vulnerability*, Asma Uddin, American-Muslim public intellectual, religious-liberties attorney, and activist, provides a unique perspective on the complex political and social factors contributing to the Muslim-Christian divide. Unlike other analysts, Uddin asks what underlying drivers cause otherwise good people to do—or believe—bad things? Why do people who value faith support of measures that limit others, especially Muslims', religious freedom and other rights?

Uddin humanizes a contentious relationship by fully embracing the both sides as individuals driven by very human fears and anxieties. Many conservative Christians fear that the Left is dismantling traditional “Christian America” to replace it with an Islamized America, a conspiratorial theory that has given rise to an “evangelical persecution complex,” a politicized vulnerability.

Uddin reveals that Islamophobia and other aspects of the conservative Christian movement are interconnected. Where does hate come from and how can it be conquered? Only by addressing the underlying factors of this politics of vulnerability can we begin to heal the divide.

Asma T. Uddin is a religious liberty lawyer who has worked on cases at the U.S. Supreme Court, federal appellate courts, and federal trial courts. She is the author of *When Islam Is Not a Religion: Inside America's Fight for Religions Freedom*, and the founding editor-in-chief of altnmuslimah.com. Asma was an executive producer for the Emmy and Peabody-nominated docu-series, *The Secret Life of Muslims*. She has written for the *New York Times*, the *Washington Post*, and *Teen Vogue*. Asma lives in Washington, DC.



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Harry, Dr. Barry

Emotional Healing

How to Put Yourself Back Together Again

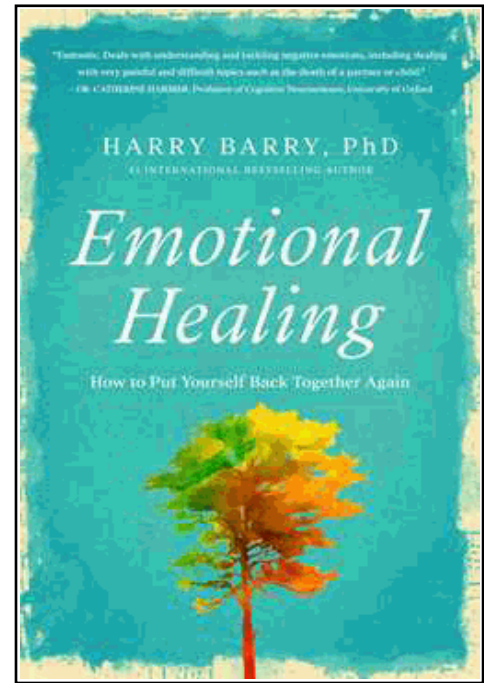
In this instructive and uplifting narrative, Dr. Barry explores how to recover from loss, trauma, grief, and loneliness by helping readers identify their emotions and providing the steps to emotionally heal yourself.

When we experience trauma, loss or grief the pain can feel as if it will last forever. We begin to wonder if our old selves—the ones who felt hope and happiness and joy—are lost to us. And our emotions can lead us into damaging behaviours that compound our problems. Dr Harry Barry acknowledges there is no magic wand that will take our pain away completely, but he uses his clinical experience, combined with cognitive behavioural therapy, to show that emotional healing is always possible.

You can put yourself back together with the simple exercises and straightforward advice that have helped countless others. Healing is the process of restoring the healthy mind and body of someone in distress, and Dr. Barry offers a holistic approach to the whole person.

Emotional Healing is a practical, compassionate companion for anyone who feels that their emotional wounds are preventing them from fully embracing life. Learn to feel like yourself again.

Dr. Harry Barry is a highly respected author and physician, with over three decades of experience as a GP. With a keen interest in the area of mental health and suicide prevention, he is the international bestselling author of numerous books addressing various aspects of mental health including anxiety, depression, and toxic stress. This is his first book to be published in America. Dr. Barry lives in Ireland.



HARDCOVER

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Medical

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Sally Coulthard

Follow the Flock

How Sheep Shaped Human Civilization

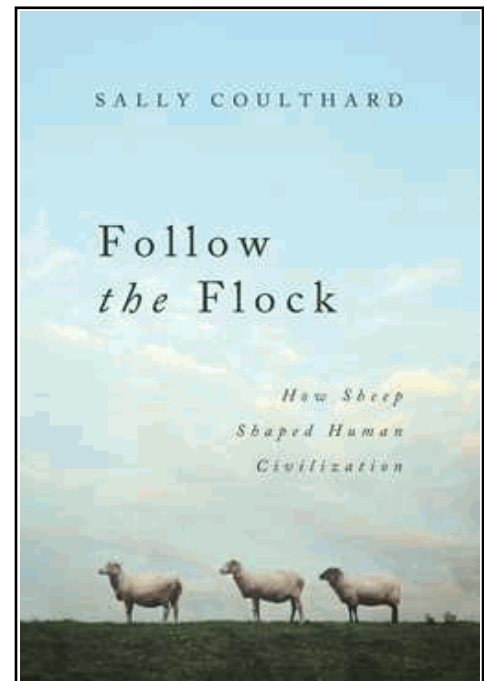
An addictively free-ranging survey of the massive impact that the humble and loveable sheep have had on human history.

From the plains of ancient Mesopotamia to the rolling hills of medieval England to the vast sheep farms of modern-day Australia, the domesticated ungulates of the genus *Ovis*—sheel—have been central to the human story.

Starting with our Neolithic ancestors' first forays into sheep-rearing nearly 10,000 years ago, these remarkable animals have fed us, clothed us, changed our diet and languages, helped us to win wars, decorated our homes, and financed the conquest of large swathes of the earth. Enormous fortunes and new, society-changing industries have been made from the fleeces of sheep, and cities shaped by shepherds' markets and meat trading.

Sally Coulthard weaves the rich and fascinating story of sheep into a vivid and colorful tapestry, thickly threaded with engaging anecdotes and remarkable ovine facts, whose multiple strands reflect the deep penetration of these woolly animals into every aspect of human society and culture.

Sally Coulthard is a best-selling author of design and outdoor living books including *The Hedgehog Handbook*, *The Bee Bible*, *The Little Book of Snow*, *How to Build a Shed*, *Shed Chic*, *Gardenalia*, *The Little Book of Building Fires*. She lives on a Yorkshire farm where she keeps chickens as well as – naturally – sheep.



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Nature

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Patrick Dean

A Window to Heaven

The Daring First Ascent of Denali: America's Wildest Peak

The captivating and heroic story of Hudson Stuck—an Episcopal priest—and his team's history-making summit of Denali.

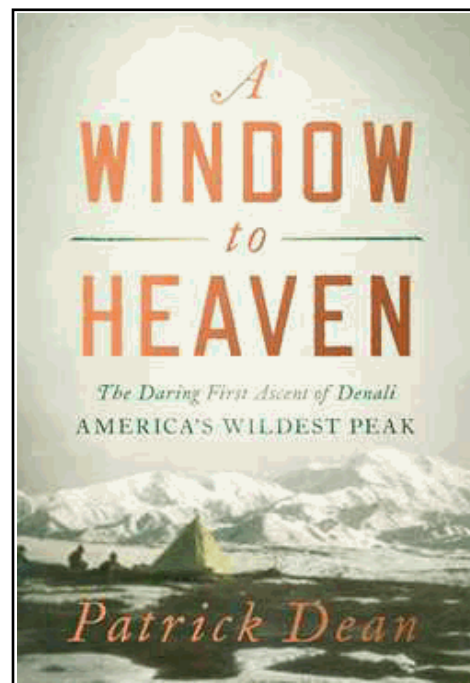
In 1913, four men made a months-long journey by dog sled to the base of the tallest mountain in North America. Several groups had already tried but failed to reach the top of a mountain whose size—occupying 120 square miles of the earth's surface—and position as the Earth's northernmost peak of more than 6,000 meters elevation make it one of the world's deadliest mountains. Although its height from base to top is actually greater than Everest's, it is Denali's weather, not altitude, that have caused the great majority of fatalities—over a hundred since 1903.

Denali experiences weather more severe than the North Pole, with temperatures of forty below zero and winds that howl at 80 to 100 miles per hour for days at a stretch. But in 1913 none of this mattered to Hudson Stuck, a fifty-year old Episcopal priest, Harry Karsten, the hardened Alaskan wilderness guide, Walter Harper, and Robert Tatum, both just in their twenties. They were all determined to be the first to set foot on top of Denali.

In *A Window to Heaven*, Patrick Dean brings to life this heart-pounding and spellbinding feat of this first ascent and paints a rich portrait of the frontier at the turn of the twentieth century. The story of Stuck and his team will lead us through the Texas frontier and Tennessee mountains to an encounter Jack London at the peak of the Yukon Goldrush. We experience Stuck's awe at the rich Aleuts and Athabascan indigenous traditions—and his efforts to help preserve these ways of life.

Filled with daring exploration and rich history, *A Window to Heaven* is a brilliant and spellbinding narrative of success against the odds.

Patrick Dean writes on the outdoors, outdoor athletes, and the environment. He has worked as a teacher, a political media director, and is presently the executive director of a rail-trail nonprofit. An avid trail-runner, paddler, and mountain-biker, he lives with his wife and dogs on the Cumberland Plateau in Tennessee.



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Sports & Recreation

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Leslie Lehr

A Boob's Life

How America's Obsession Shaped Me—and You

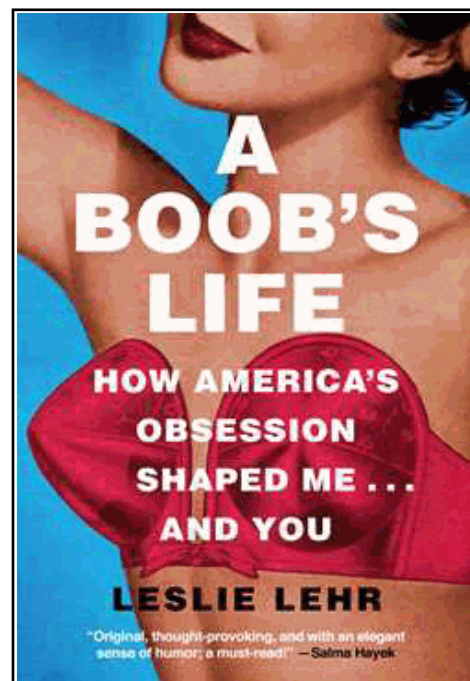
A Boob's Life explores the surprising truth about women's most popular body part with vulnerable, witty frankness and true nuggets of American culture that will resonate with everyone who has breasts—or loves them.

Author Leslie Lehr wants to talk about boobs. She's gone from size AA to DDD and everything between, from puberty to motherhood, enhancement to cancer, and beyond. And she's not alone—these are classic life stages for women today.

At turns funny and heartbreaking, *A Boob's Life* explores both the joys and hazards inherent to living in a woman's body. Lehr deftly blends her personal narrative with national history, starting in the 1960s with the women's liberation movement and moving to the current feminist dialogue and what it means to be a woman. Her insightful and clever writing analyzes how America's obsession with the female form has affected her own life's journey and the psyche of all women today.

From her prize-winning fiction to her viral *New York Times* Modern Love essay, exploring the challenges facing contemporary women has been Lehr's life-long passion. *A Boob's Life*, her first project since breast cancer treatment, continues this mission, taking readers on a wildly informative, deeply personal, and utterly relatable journey. No matter your gender, you'll never view this sexy and sacred body part the same way again.

Leslie Lehr is a prize-winning author, screenwriter, essayist, and story consultant. She is the author of *66 Laps*, *Wife Goes On*, and *What a Mother Knows*, and her essays have been published in the *New York Times* Modern Love column and *Huffington Post*. She is a member of PEN, the Authors Guild, WGA, Women In Film, and the Women's Leadership Council. She lives in Southern California.



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Ava Barry

Windhall

A Novel

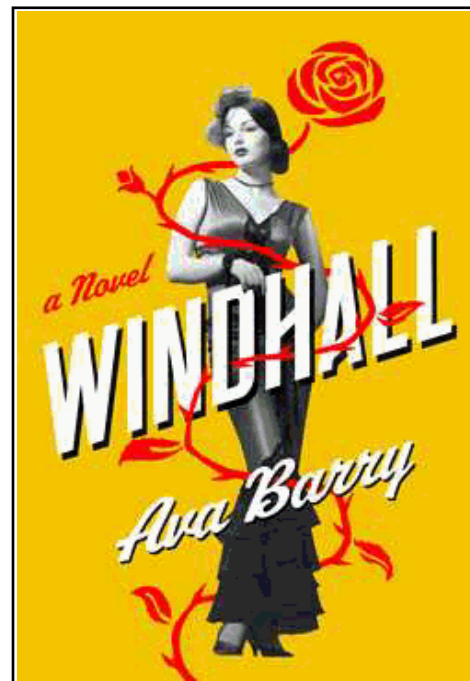
A stunning literary thriller in which an investigative journalist in modern Los Angeles attempts to solve the Golden Age murder of a Hollywood starlet.

1940s Hollywood was an era of decadence and director Theodore Langley was its king. Paired with Eleanor Hayes as his lead actress, Theo ruled the Golden Age of Hollywood. That ended when Eleanor's mangled body was discovered in Theo's rose garden and he was charged with her murder. The case was thrown out before it went to trial and Theo fled L.A., leaving his crawling estate, Windhall, to fall into ruin. He hasn't been seen since.

Decades later, investigative journalist Max Hailey, raised by his gran on stories of old Hollywood, is sure that if he could meet Theo, he could prove once and for all that the famed director killed his leading lady. When a copycat murder takes place near Windhall, the long reclusive Theo returns to L.A., and it seems Hailey finally has his chance.

When Hailey gets his hands on Theo's long-missing journals, he reads about Eleanor's stalkers and her role in Theo's final film, *The Last Train to Avalon*, a film so controversial it was never released to the public. In the months leading up to her death, something had left her so terrified she stopped coming to work. The more Hailey learns about *Avalon*, the more convinced he becomes that the film could tell him who killed Eleanor and why she had to die. But the implications of *Avalon* reach far beyond Eleanor's murder, and Hailey must race to piece together the murders of the past and present before it's too late.

Ava Barry was a script reader for Bold Films and Intrigue Entertainment, and an editorial assistant for *Zoetrope: All-Story*, Francis Ford Coppola's literary magazine. This is her first novel. She lives in Australia.



HARDCOVER

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Fiction

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eBook: 9781643136271, \$16.99

Elisabeth C. Rosenberg

Before the Flood

Destruction, Community, and Survival in the Drowned Towns of the Swift River Valley

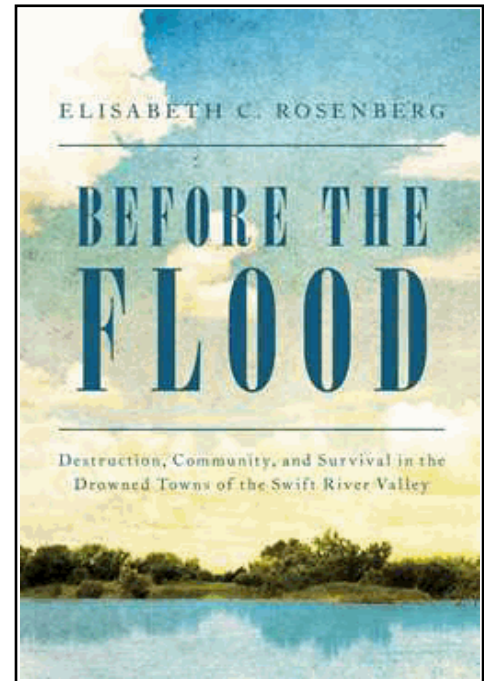
In the tradition of *Silent Spring*, a modern parable of the American experience and our paradoxical relationship with the natural world.

Though it seems a part of the "natural" landscape of New England today, the Swift River Valley reservoir, dam, dike, and nature area was a triumph of civil engineering. It combined forward-looking environmental stewardship and social policy, yet the "little people"—and the four towns in which they lived—got lost along the way. Elisabeth Rosenberg has crafted *Before the Flood* to be both a modern and a universal story in a time when managed retreat will one day be a reality.

Meticulously researched, *Before the Flood*, is the first narrative book on the incredible history of the Swift River Valley and the origins Quabbin Reservoir. Rosenberg dives into the socioeconomic and psychological aspects of the Swift River Valley's destruction in order to supply drinking water for the growing populations of Boston and wider Massachusetts.

It is as much a human story as the story of water and landscape, and *Before the Flood* movingly reveals both the stories and the science of the key players and the four flooded towns that were washed forever away.

Elisabeth C. Rosenberg is a writer and editor who focuses on the interplay between individuals, demographic groups, and disruptive technology. She has contributed to *The Boston Globe*, *Boston Magazine*, *Fast Company*, Harvard University Press, and the Electronic Privacy Information Center. She divides her time between Washington, DC, and Amherst, MA.



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History

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John Dvorak

How the Mountains Grew

A New Geological History of North America

From the acclaimed author of *The Last Volcano* and *Earthquake Storms* comes the incredible story of the creation of a continent.

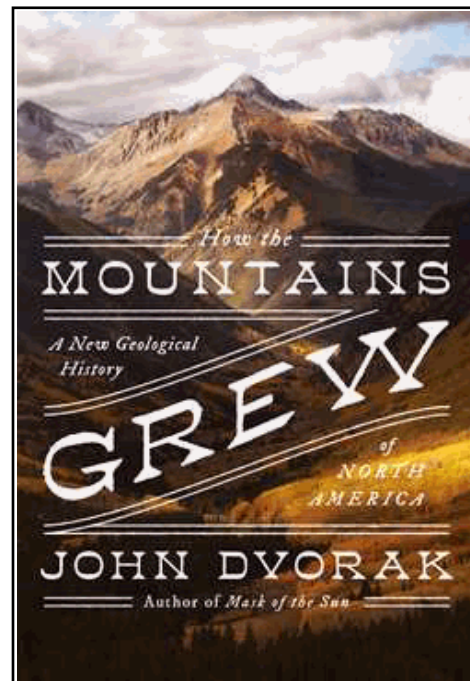
For most of modern history, geologists could say little more about why mountains grew than the obvious: There were forces acting inside the Earth that caused mountains to rise. But what were those forces? And why did they act in some places of the planet and not at others?

When the theory of plate tectonics was proposed, our concept of how the Earth worked experienced a momentous shift. As the Andes continue to rise, the Atlantic ocean slowly widens, and Honolulu creeps ever-closer to Tokyo, this seemingly imperceptible creep of the Earth is revealed in the landscape all around us.

But tectonics cannot—and do not—explain everything about the wonders of the North American landscape. What about the Black Hills? Or the walls of chalk that stand among the rolling hills of west Kansas? The states of Washington and Oregon are slowly rotating clockwise, and there a diamond mine in Arizona—and it all points to the geologic secrets hidden inside the 2 billion year-old-continental masses. A whopping ten times older than the rocky floors of the ocean, continents hold the clues to the long history of our planet.

With a sprightly narrative that brings science to vivid life, John Dvorak's *How the Mountains Grew* will fill readers with a newfound appreciation for the ground beneath their feet.

John Dvorak, PhD, has spent twenty years operating a large telescope at Mauna Kea for the Institute for Astronomy, University of Hawaii. His writing has appeared as cover stories for *Scientific American*, *Astronomy* and *Physics Today*. His books include *Earthquake Storms*, *The Last Volcano*, and *Mask of the Sun*, all available from Pegasus Books.



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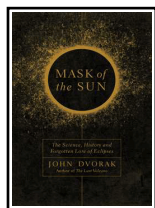
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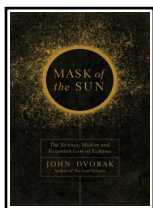
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Mask of the Sun
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The Last Volcano
9781605989211
\$28.95/ Can.

Michael Kinch

The Price of Health

The Modern Pharmaceutical Industry and the Betrayal of a History of Care

From "pharma bros" to everyday household budgets, just how did the pharmaceutical industry betray its own history—and how can it return to its tradition of care?

One in five Americans has skipped vital medicines simply because of the cost. The modern pharmaceutical industry is arguably the most highly regulated enterprise—and cost-inflated—in the United States, perhaps the world. But that was not always the case.

How did we get into this nightmare? As a global pandemic rears its ugly head and we desperately work towards for a vaccine and mitigating treatments, this is perhaps the first time in history when questions about drug pricing are discussed openly and honestly.

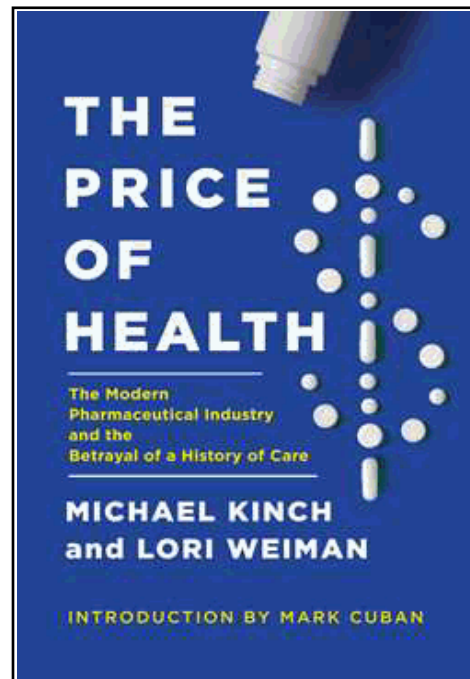
The Price of Health is the alarming story of how the pharmaceutical industry destroyed its reputation in a remarkably short period of time, betraying its own history. But, more hopefully, this is also the story of how we can still right the ship.

Kinch and Weiman reveal how medicines have been discovered, developed, distributed, and paid for throughout the years, providing new clarity on how these changes have contributed to rising costs. Some of the individual activities and system reforms will be familiar, but the implications of these actions for the people consuming those medicines are surprising and at times shocking.

Like so much else in human history, the history of pharmaceuticals is comprised mostly of well-intended and even noble individuals. Each contributed to the formation of structures meant to improve the quality and quantity of life. And yet these systems originally created to do good have been manipulated in ways that have often been contrary to the motivations of their creators. Only by understanding this disconnect can we better tackle the underlying problems of the industry head on, preventing future pandemics to come.

Michael Kinch was a professor at Purdue University, where he researched breast and prostate cancer. He then went on to found an oncology program at the biotechnology company MedImmune. He has led drug discovery at Yale University and is now a professor and Vice Chancellor at Washington University in St. Louis. He is the author of *Between Hope and Fear: A History of Vaccines and Human Immunity*; *The End of the Beginning: Cancer, Immunity and the Future of a Cure*, both available from Pegasus Books, and *A Prescription for Change* (UNC Press).

Lori Weiman is the Principal and Founder of Weiman Strategic Advisers, LLC, and has established productive public-private partnerships with trade associations, advocacy groups, non-profit organizations, academia and governmental agencies.



HARDCOVER

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Medical

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Jennifer Murphy

First Responder

Life, Death, and Love on New York City's Frontlines: A Memoir

One woman's incredible story of life on the front lines as an emergency medical worker in New York City.

On the streets of New York City, EMTs and paramedics do more than respond to emergencies; they eat and drink together, look out for each other's safety, mercilessly make fun of one another, date one other, and, most crucially, share terrifying experiences and grave injustices suffered under the city's long-broken EMS system.

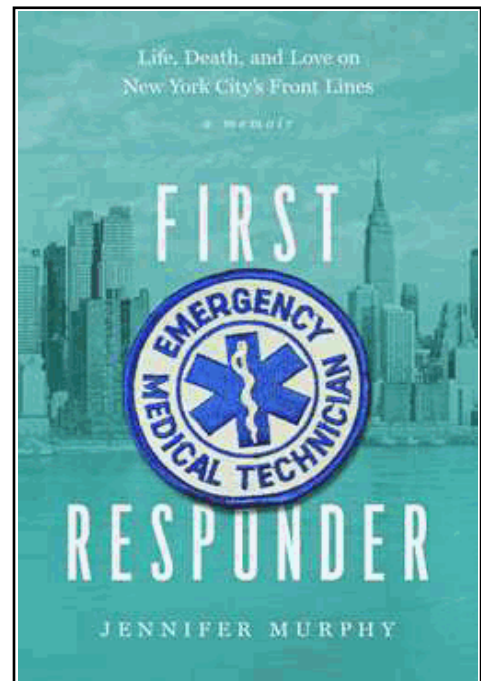
Their loyalty to one another is fierce and absolute. As Jennifer Murphy shows in the gripping and moving *First Responder*, they are a family. A dysfunctional family, perhaps, but what family isn't?

Many in the field of pre-hospital emergency care have endured medical trauma and familial hardship themselves. Some are looking to give back. Some are desperate for family. Some were inspired by 9/11. Still others want to become doctors, nurses, firefighters, cops, and want to cut their teeth on the streets. As a rescuers, Jennifer never want people to die or get hurt. But if they are going to die or get hurt, she, and first responders like her, want to be there.

Despite the vital role they play New York City's EMT's are paid less than trash collecting, and far less than any other first responder makes, even though the burden of medical emergencies fall on the backs of EMTs and medics. Yet for Jennifer and her brothers and sisters, it's a calling more than a job. She is constantly exposed to infectious diseases, violence, and death. The coronavirus pandemic did not changed that math; the public is just more aware of it.

After 9/11, EMT training schools experienced a surge in applications from civilians wanting to become first responders, inspired by firefighters who responded to the terrorist attacks and rushed into the burning towers when everyone else ran out. The same will almost certainly be true post-coronavirus as people are moved by a desire to help in times of crisis in a more direct way.

Funny and heartwarming, inspiring and poignant, *First Responder* follows Jennifer's journey to becoming an EMT and working during and beyond the Covid-19 pandemic. She will bring readers inside an intense world filled with crisis, rescue, grief, uncertainty, and dark humor. *First Responder* will move readers to a greater understanding and appreciation of those fighting for them—wherever they live—in a world they hardly know or could imagine.



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Biography & Autobiography

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Jennifer Murphy's writing has appeared in numerous literary journals and anthologies, including *Mississippi Review* and *Wrath-Bearing Tree* as well as *Forbes*, and the *New York Post*. In addition to her EMT work, she maintains a parallel career as an investigator and crisis adviser. She graduated with a B.A. from Syracuse University and an M.A. from the University of Chicago and an M.F.A. from New York University. She is a volunteer EMT with the Park Slope Volunteer Ambulance Corps in Brooklyn that transports patients regardless of their ability, or inability, to pay.

Michele Wucker

You Are What You Risk

The New Art and Science of Navigating an Uncertain World

The #1 international bestselling author of *The Gray Rhino* offers a bold new framework for understanding risk in and how we can re-examine and re-shape our relationship with uncertainty to live more productive and successful lives.

What drives a sixty-four-year-old woman to hurl herself over Niagara Falls in a barrel? Why do young journalists risk their lives to tell the stories of strangers? Why do some people wait until the last minute to get to the airport while others get there much earlier than they need to? Why do entrepreneurs thrive in the face of uncertainty, while others cringe at the thought of leaving a stable nine-to-five job? Why are Asians more proactive in face of risk than Westerners?

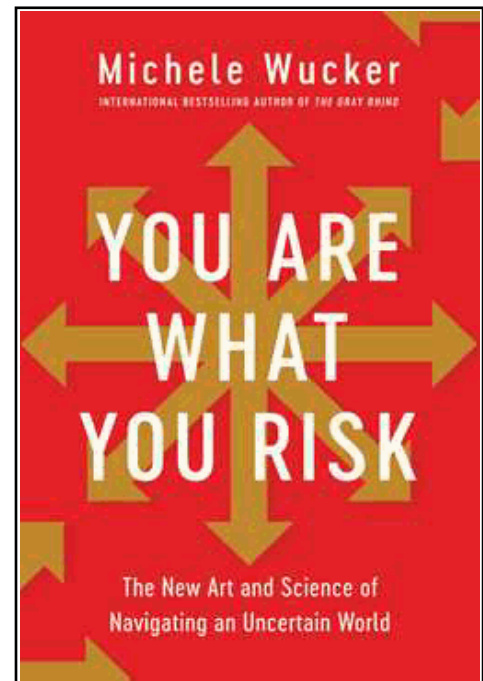
Risk-takers are motivated by factors as wide and culture and values, but it boils down to not just how much they have to gain or lose, but aware they are of these often unconscious influences and what they do to manage them.

In *You Are What You Risk*, Wucker examines why we avoid risk, when we should embrace it, and how we can re-examine and re-shape our relationship with uncertainty, danger, and opportunity to live more productive and successful lives.

Drawing on the stories of risk takers across cultures and generations, and integrating cross-disciplinary insights from economics, business and management, anthropology, sociology, and psychology, this ground-breaking, accessible book offers a completely new way to understand and face a changing world.

You Are What You Risk shares insights, practical tools, and proven strategies that will help readers to seize ownership of and make better choices about risks big and small. Wucker shows how the new science of risk personality is beginning to shape businesses and finances and offers a path forward, drawing on examples of activists, businesses and countries seeking to create a healthy risk ecosystem that supports creativity, innovation, and entrepreneurship in communities, organizations, and the planet.

Wucker's profiles and research help to answer important questions: Why are some people good at averting crises at work but a mess in their personal lives? Why are we more likely to take chances when we are part of a group than when on our own? Are we born with our risk attitudes or do we pick them up along the way? What is the right amount of uncertainty to live with? The answers will surprise and challenge us – and make us think and act differently.



HARDCOVER

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Pegasus Books

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Business & Economics

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Risk decisions have never been more crucial, particularly in a world where political turmoil, economic insecurity, technological transformation, and climate change have exposed us to unprecedented levels of vulnerability. Filled with practical tools and strategies, *You Are What You Risk* is a clarion call for a new approach to risk, urging readers to re-examine and re-shape our relationship with uncertainty, danger, and opportunity.

Michele Wucker is the author of *The Gray Rhino: How to Recognize and Act on the Obvious Dangers We Ignore*, which was the #1 bestselling English-language book in China. She is also the author of *Lockout* and *Why the Cocks Fight*. Wucker has been recognized as a 2009 Young Global Leader of the World Economic Forum and a 2007 Guggenheim Fellow. She has held positions including president of the New York City-based World Policy Institute; vice president of studies at The Chicago Council on Global Affairs; and Latin America bureau chief at *International Financing Review*. She has written for *The New York Times*, CNN, *Washington Post*, *Wall Street Journal*, and *World Policy Journal*, among others. She lives in Chicago.

Simon Heffer

The Age of Decadence

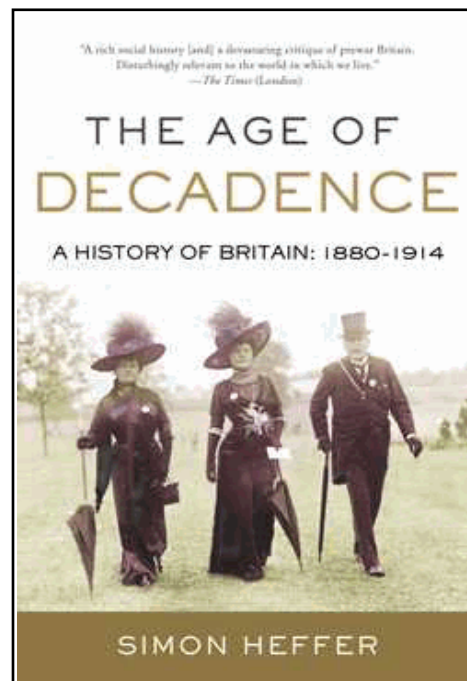
A History of Britain: 1880-1914

A richly detailed history of Britain at its imperial zenith, revealing the simmering tensions and explosive rivalries beneath the opulent surface of the late Victorian and Edwardian eras.

The popular memory of Britain in the years before the Great War is of a powerful, contented, orderly, and thriving country. Britain commanded a vast empire: she bestrode international commerce. Her citizens were living longer, profiting from civil liberties their grandparents only dreamed of and enjoying an expanding range of comforts and pastimes. The mood of pride and self-confidence can be seen in Edward Elgar's *Pomp and Circumstance* marches, newsreels of George V's coronation, and London's great Edwardian palaces.

Yet beneath the surface things were very different. In *The Age of Decadence*, Simon Heffer exposes the contradictions of late-Victorian and Edwardian Britain. He explains how, despite the nation's massive power, a mismanaged war against the Boers in South Africa created profound doubts about her imperial destiny. He shows how attempts to secure vital social reforms prompted the twentieth century's gravest constitutional crisis—and coincided with the worst industrial unrest in British history. He describes how politicians who conceded the vote to millions more men disregarded women so utterly that female suffragists' public protest bordered on terrorism. He depicts a ruling class that fell prey to degeneracy and scandal. He analyses a national psyche that embraced the motor-car, the sensationalist press, and the science fiction of H. G. Wells, but also the nostalgia of A. E. Housman.

Simon Heffer took a PhD in modern history at Cambridge. His previous books, published in Britain, include: *Moral Desperado: A Life of Thomas Carlyle*; *Like the Roman: The Life of Enoch Powell*; *Power and Place: The Political Consequences of King Edward VII*; *Nor Shall My Sword: The Reinvention of England*; and *High Minds: The Victorians and the Birth of Modern Britain*. *The Age of Decadence* is his first book to be published in America. In a thirty-year career on Fleet Street, he has held senior editorial positions on *The Daily Telegraph* and *The Spectator* and is now a columnist for *The Sunday Telegraph*. He lives in London.



HARDCOVER

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History

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OTHER FORMATS

eBook: 9781643136714, \$26.99

Laura Aguirre

Unforgettable

The True Story of the Memory Thief That Almost Got Away—And the Secrets it Revealed About Our Brains

The incredible true story of a team of Boston doctors who—through years of innovative scientific sleuthing and observant care—uncovered a sweeping national epidemic of memory loss.

From the moment Massachusetts-based neurologist Jed Barash sees the unusual MRI scan of a young patient who has succumbed to sudden anterograde amnesia—a scan revealing a bizarre image in which the seahorse-shaped hippocampus is scorched and glowing against the dark backdrop of the brain—the rookie doctor is certain he’s discovered something alarming.

First detected in a relatively small group of opiate addicts, a mysterious spate of memory loss holds harrowing implications for millions of everyday people who may be putting their memories at risk simply by taking such commonly prescribed painkillers as OxyContin and Vicodin.

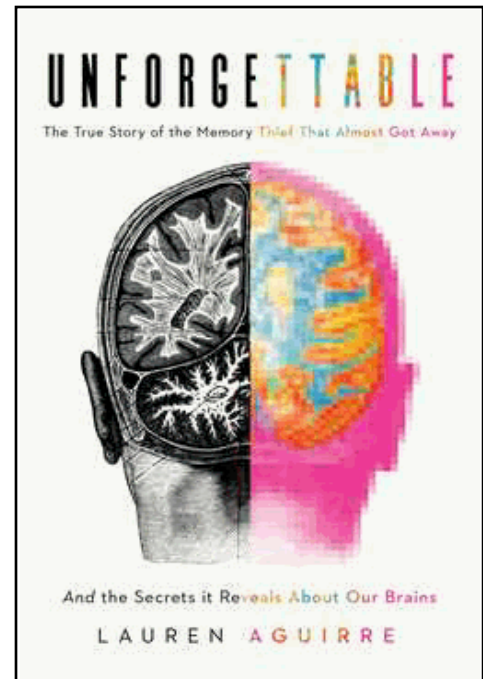
Unforgettable takes us beyond the opioid crisis to the inner workings of our brain, and how opioids are actually rewiring minds and sabotaging long-term memories.

Aguirre brilliantly captures the tension and drama that lead to the linking of opioid use and dementia, in turn inspiring a new strategy for treating memory loss, especially Alzheimer's.

At once a deeply reported medical mystery and an investigation into the nature of human memory, *Unforgettable* illuminates the science of memory—something so amorphous and yet so vital to who we are as cognizant beings.

Filled with empathy and perseverance in the face of monumental institutional skepticism and sheer denial, *Unforgettable* is at once gripping, enlightening, and will linger long after the last page.

Lauren Aguirre is a graduate of the Massachusetts Institute of Technology and built a career as an award-winning documentary filmmaker and science producer at the PBS Series NOVA. She has written for *The Atlantic*, *Undark Magazine*, and the *Boston Globe's* STAT News. This is her first book.



HARDCOVER

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9781643136523

Science

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\$28.95 (US) / \$38.95 (CAN)

Naomi Moriyama

The Sisterhood of the Enchanted Forest

A Memoir of Finland's Karelia

What would happen if your culture and society were formed inside a foerst—where women were full partners in power. How would that shape the future? Take a journey deep into one of the world's last great wildernesses and join the sisterhood...

After living for twenty-five years in New York—the ultimate roller-coaster ride of drama, competition, over-achievement, self-promotion, and sensory stimulation, Naomi Moriyama entered a life-altering zone of tranquility, peace, and beauty.

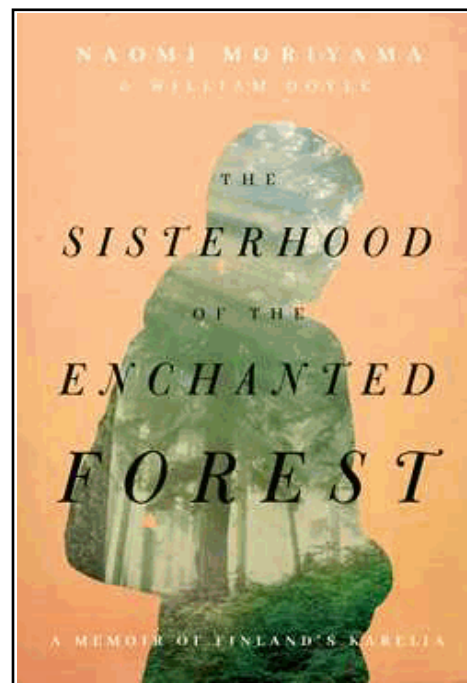
Welcome to the vast and unspoiled forest of Karelia in Finland, the mysterious region on the Russo-Finnish border that inspired J.R. Tolkien's Middle Earth fantasies.

The Karelian Forest is the spiritual heart of the nation ranked as one of the world's "happiest nations," and has the world's most empowered women. But to Naomi, the Finns didn't look much happier than anyone else. In fact, the default facial expressions on most people seemed to be blank, bordering on morose. But Naomi quickly came to realize that their happiness wasn't a boisterous, slap-happy exuberance. Rather, it was a sense of serenity and contentment, a feeling that comes from living in a society that is simultaneously super high-tech and profoundly connected to nature.

Finland is the country with cleanest air and water, the lowest crime and the best schools. It is a country where motherhood is supported, childhood is revered, schoolchildren are required by law to play outdoors. There are no "soccer moms" or "mommy wars."

It was here in the Karelian forest that Naomi, always fascinated by food as a way of understanding a culture, found a culinary symphony of succulent wild edibles, herbs, berries, mushrooms and fish, all freshly plucked from the moss-carpeted forest and sparkling clear streams. She also found something even more nourishing that would help her begin to grasp the Finnish way of being—a tribe of invincible women who would become her soul-sisters.

As an idyllic summer gave way to a sub-Arctic winter of mind-bending darkness and cold, Naomi would face her fears and her future. Over the course of six unforgettable months with her new sisters, Naomi finds her life transformed, and discovers the power that lay within her all along.



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Biography & Autobiography

First Print: 10,000

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\$27.95 (US) / \$36.95 (CAN)

Naomi Moriyama is the author of *Secrets of the World's Healthiest Children: Why Japanese Children Have the Longest, Healthiest Lives—and How Yours Can, Too*, *Japanese Women Don't Get Old or Fat: Secrets of My Mother's Tokyo Kitchen*, which was translated into twenty languages, and *The Japan Diet*. Naomi has served as Chief Marketing Consultant for Ralph Lauren Japan, as Director of Marketing at HBO in New York, and as Account Executive at Grey Advertising in Tokyo and New York. She grew up in Tokyo but now lives in New York City with her eight-year-old son and her husband and co-author, William Doyle.

Steven Matthews

The Day the Nazis Came

The True Story of a Childhood Journey to the Dark Heart of a German Prison Camp

An poignant and timeless true story of one child's journey to a German prison camp during World War II.

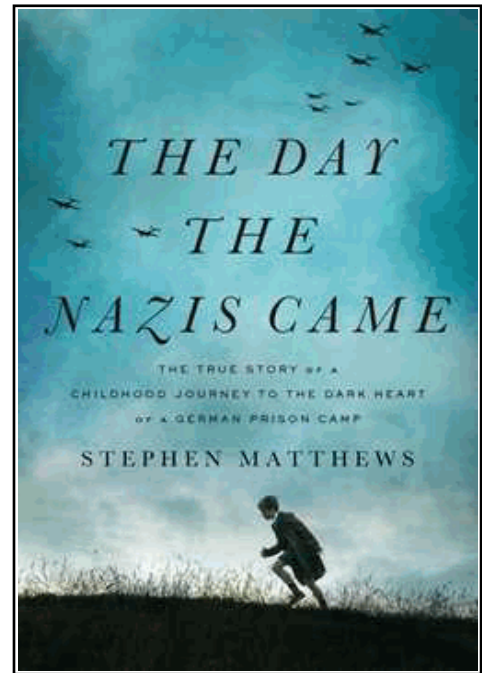
The Day the Nazis Came is an utterly unique memoir, depicting the world of prison camps through the eyes of a child. Our narrator's parents did their best to protect his emotional well-being, downplaying the extent of dangers and presenting every new day as an adventure.

But there is only so much you can do to hide such a dark truth and, by the time he was six years old, Stephen Matthews had actually seen and experienced things of unspeakable horror: he had witnessed a bombardment by the Luftwaffe and had been deported from occupied Guernsey, along with his family, to a prison camp in the heart of Adolf Hitler's Third Reich; he had seen men die in front of him; he had walked alongside Jews coming straight off the cattle-trucks from Bergen-Belsen; he had nearly drowned, been menaced by an Alsatian guard dog, and had his hand broken by a German guard for attempting to feed Russian prisoners.

Against all odds, Stephen and his family endured over three years of imprisonment, held together by their will to survive, their love for each other, and the humor they had all been gifted with. But when the war ended and they were set free, the home they eventually returned to had been irremediably scarred and stricken by Nazi occupation and so, once again, they had to fight to pick up the pieces.

Supported by and enriched with his mother's diary notes, which had been secreted away in an old leather-bound family Bible throughout the years in the camp, *The Day the Nazis Came* is a phenomenal piece of history as well as a heart-wrenching account of the horrors of the war and deportation. It is, above all, a heart-warming tribute to the preciousness of hope, of life, and of the indomitable spirit of man to survive. And while honoring the memory of the three courageous Germans who risked everything to protect as many as the prisoners in their charge as they could, it also shows how human kindness may flower and prevail in the unlikely of places.

Stephen Matthews was born in Guernsey in 1938 and, following the German invasion of the Channel Islands in 1940, he was illegally deported to Germany, with his father and mother, in late 1942. They were eventually liberated by Free French forces in 1945. He later joined the elite British Colonial Police Force in Northern Rhodesia and there received many awards and commendations, before starting afresh in the world of finance. Now eighty-two years old, he divides his time between France and China.



HARDCOVER

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9781643136240

History

First Print: 8,000

6 x 9, 352 pages

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\$27.95 (US) / \$36.95 (CAN)

OTHER FORMATS

eBook: 9781643136257, \$18.99

The Science of Middle Earth

A New Understanding of Tolkien and His World

The surprising and illuminating look at how Tolkien's love of science and natural history shaped the creation of his Middle Earth, from its flora and fauna to its landscapes.

The world J.R.R. Tolkien created is one of the most beloved in all of literature, and continues to capture hearts and imaginations around the world. From Oxford to ComiCon, the Middle Earth is analyzed and interpreted through a multitude of perspectives.

But one essential facet of Tolkien and his Middle Earth has been overlooked: science. This great writer, creator of worlds and unforgettable character, and inventor of language was also a scientific autodidact, with an innate interest and grasp of botany, paleontologist and geologist, with additional passions for archeology and chemistry.

Tolkien was an acute observer of flora and fauna and mined the minds of his scientific friends about ocean currents and volcanoes. It is these layers science that give his imaginary universe—and the creatures and characters that inhabit it—such concreteness. Within this gorgeously illustrated edition, a range of scientists—from astrophysicists to physicians, botanists to volcanologists—explore Tolkien's novels, poems, and letters to reveal their fascinating scientific roots.

A rewarding combination of literary exploration and scientific discovery, *The Science of Middle Earth* reveals the hidden meaning of the Ring's corruption, why Hobbits have big feet, the origins of the Dwarves, the animals which inspired the dragons, and even whether or not an Ent is possible.

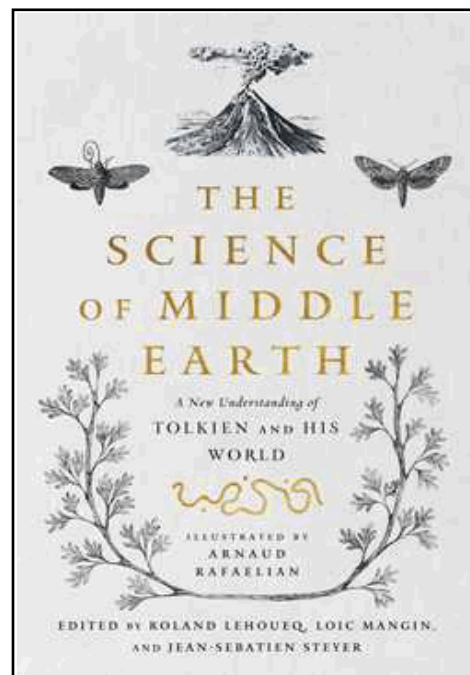
Enhanced by superb original drawings, this transportive work will delight both Tolkien fans and science lovers and inspire us to view both Middle Earth—and our own world—with fresh eyes.

Roland Lehoucq is an astrophysicist at the French Atomic Energy Commission (CEA). He writes for the science fiction journal *Bifrost* and sponsors primary school classes to familiarize children with science.

Loïc Mangin is the associate editor of *Pour la Science*.

Jean-Sébastien Steyer is a paleontologist with the the National Museum of Natural History in Paris. He is the winner of the Paul Sangnier Prize and the Van Straelen Prize and a columnist in *For Science* and *Species*.

Arnaud Rafaelian is an artist who lives in Paris.



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